

## Support provided to you in your college

Educational Psychologists work in different ways to give support to young people, their colleges staff and other professionals. They use psychological approaches, evidenced based practice, research and therapeutic interventions to inform their practice

They provide consultation and advice to schools and colleges and provide advice to tutors and work placements

They use different approaches to facilitate Planning for Success

They facilitate problem solving through Solution Focused approaches

They deliver training to staff

They also work individually with young people 16-25.

Structured or therapeutic conversations

Assessing learning needs

Helping young people explain their needs to others

Group work for young people

Facilitate person centred planning

## Contact details

You can ask your college to arrange a meeting with the Educational Psychologist. Or you can contact us yourself.

The postal address for the Educational Psychology Team is:

C/O Side By Side Children's Centre  
Enderby Road  
Scunthorpe  
DN17 2JL  
Tel: 01724 296679

Dr Ruth Illman  
Principal Officer for Educational Psychology and Lead Officer for Emotional Health and Wellbeing  
[ruth.illman@northlincs.gov.uk](mailto:ruth.illman@northlincs.gov.uk)

All Educational Psychologists are registered with the Health Care Professional Council.

North Lincolnshire Educational Psychology Service supports the training of new Educational Psychologists.

## Access & Inclusion

# Educational Psychology

## Service

Information for young people  
16-25



Working with parents, carers and other adults to help children and young people grow and develop.

**Safe, Supported, Transformed**

**North  
Lincolnshire  
Council**

[www.northlincs.gov.uk](http://www.northlincs.gov.uk)

## **Our purpose**

Educational Psychologists work with children and young people 0-25

They specialise in how children and young people learn and develop.

Many of the young people the Educational Psychologists work with have a special need or disability, many have a syndrome or disorder but some do not. Some have social or emotional or mental health needs, feel very anxious, lack confidence or have difficulties making friends.

Educational Psychologists work with young people in their schools and colleges but may sometimes work with them in their own homes.

Educational Psychologists help young people understand their own needs, how to help themselves make progress, feel better about themselves and manage their own feelings and emotions.

Educational Psychologists work in partnership with professionals and other adults to understand the needs of young people better. They help them develop their own skills to work with young people.

They work closely with other professionals including those from social care, health, and youth offending.

## **How to ask for our involvement**

Talk to your personal tutor for an appointment

Or

Book into a drop in sessions advertised at your college

Or

Contact us direct at the address on the back of this leaflet

## **Special circumstances**

The Educational Psychologists will automatically become involved if you request a Education Health and Care plan.

The Local Authority might ask the Educational Psychologists to be involved if you are looked after, excluded, not attending college, or are being supported by the Youth Offending Team.

## **Support provided to young people and families**

### **The Educational psychologist will .....**

Talk to you and other adults about your needs

They will ask your views

Plan with you and other adults the work they will do

Talk to you about the work they have done.

### **They may need to**

Work with you on some tasks to understand your learning needs.

Spend time listening to you and understanding your needs

Talk to you about what help you think you need.

Help others put things in place to help you

They will aim to

Explain your needs to others

Help you make progress

Help you feel more confident about yourself