

## Contact details

You can ask a professional to contact our team or you can contact us yourself.

The Complex Behaviour Team

Postal address: C/O Side By Side Children's  
Centre

Enderby Road

Scunthorpe

DN17 2JL

Tel: 01724 296679

Access and Inclusion

## The Complex Behaviour Team

Information for parents and  
carers



## **Our purpose**

The Complex Behaviour Team provides support and advice for parents and carers of a child who has a Learning Disability or Autism and shows challenging behaviour at home.

Most of the families we work with have a child with a Learning Disability or a condition that may affect their development. Some of the children show challenging behaviour but their needs have not been fully understood and identified.

All children can behave in ways that are difficult to deal with for example, tantrums or throwing things. For children with Learning Disabilities, this behaviour can be more extreme. Their behaviour is often linked to their communication or stage of development.

Some behaviours that are considered challenging are: - hand biting, head-butting, pinching and throwing.

The team work closely with parents and carer's to offer advice and support. We aim to help you improve your child's behaviour.

We also work closely with schools, health care staff, Educational Psychologists and Disability Social Workers as part of our intervention.

The Complex Behaviour Team generally work in the child's home but we also visit other places such as school.

We also provide consultation and advice to other professionals.

## **If you would like more information**

Contact the Complex Behaviour Team if you are worried about your child's behaviour. We will be able to tell you if we are the right service to offer you support. We can also tell you about other services that can help you.

## **How to ask for our involvement**

If your child has a Learning Disability you may have an Early Help Assessment or the support of a professional. If your child's behaviour is complex and challenging because of their Learning Disability then we may be able to help you. A professional who supports you can contact us at the address on the back of this leaflet.

## **Support provided to young people and families**

### **If The Complex Behaviour Team are the right service to support you, we will.....**

Tell you about the work we do

Talk to you in detail about your child's behaviour

Talk to other people who know your child, this could be another family member, teacher, disability social worker or health care worker

Give you ideas to try to improve your child's behaviour – this might mean changing how you currently manage the behaviour

Share the ideas with other people such as school or other family members

### **We may need to**

Observe you and your child at times when they display the behaviour

Work directly with your child at home or at school

Show you how to use some of the ideas we have suggested