

What to do in the "Mad ½ Hour"

Making Dens

- Use old sheets, blankets. Place over tables or chairs and secure with pegs. Have picnics inside, use them to play hide and seek.

Hide and Seek

- Play a simple version of it around the house/garden (not block). If you have a younger one hide with them.

Fantasy Play

- Boys like this in particular. Set the rules before you start. All of you dress up so you can all act in role.

Outside Play

- Go out in the garden ... dig for worms/minibeasts. Go to the park, play on the swings/slides. It's your ½ hour too so let them push you on the swing/slide as well as you pushing them.

Football - Get World Cup Fever

Playing Games

- These do not have to be expensive! Try and stay away from snakes and ladders until they are older. Physical games are good for boys such as Twister, What a knot etc. Alternatively make your own games up using a dice and your own counters.

Rules for Games

1. Complete a turn taking rhyme to go first.
2. Everyone stays at the board until the last person is finished.
3. If the game is a physical one, use the word "Stop" as a safety word.
4. "Crowing" is not allowed. Praise those who win (high 5) and hug those who lose.
There will always be a next time!
5. Have fun.